



# WINTER/SPRING CLASSES

Join Momo's talented teachers for a warm-up, movement games, improvisation, physical awareness, and creative dance exploration, in a fun and open environment.

Open to adults of all ability or disability.



With support from:



**TUESDAYS**  
**10AM TO 11:30AM**  
**AND**  
**1PM TO 2:30PM**

**THURSDAYS**  
**1PM TO 2:30PM**

**WILDFLOWER ARTS**  
**CENTRE**  
**3363 SPRUCE DR**  
**SW**

**REGISTRATION**  
**OPEN NOW**

**[CLICK HERE](https://momodancetheatre.org)**  
**[MOMODANCETHEATRE.ORG](https://momodancetheatre.org)**

**MOMO DANCE**  
**THEATRE**

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