

JUNE 2022

This Issue:

- Above and Beyond
- National Safety Month
- Indigenous week
- Training
- Stampeders ticket draw
- We are moving!

There are no STAT
Holidays in
June

Above and beyond Nominations

If you would like to nominate a CASS staff member for going Above & Beyond, please send an Email to recognition@c-a-s-s.org with the name of the person being nominated and a brief description of the reason for the nomination.

June is National Safety Month

Alberta Health Services first made naloxone kits and training available for free to the general public in January 2016 through pharmacies, treatment centres and hospitals. Since then nearly 200,000 kits have been handed out and a reported 12,830 have been used to halt an overdose.

During the same time period, opioid-related deaths have stabilized at roughly two per day in the province, but Emergency Medical Services in Alberta have noted a doubling of opioid-related calls since the beginning of the COVID-19 pandemic.

If you are interested in free training there are many ways to be trained.
Here are a few suggestions

<https://www.stopoverdose.gov.bc.ca/theweekly/naloxone-training-online>

<https://reactandreverse.ca/free-self-paced-opioid-response-training/>



Indigenous week is June 20-25th

There is at a lot of things to do for Indigenous week.



AAWC Aboriginal Awareness Week Calgary

“Keeping the Circle Strong through Language and Culture”
June 20-25 2022

Indigenous Variety Showcase
When: June 19, 2022 (Sunday) 1:00pm to 4:00pm
Where: Studio Bell National Music Centre
1:00pm - Doors Open
1:30pm - Opening Remarks
2:00pm - Showcase Performances
4:00pm - Closing Remarks
Feature and Showcasing
- Indigenous SONG, MUSIC & DANCE
- Local Indigenous Talents
FREE ADMISSION
(limited seating MUST register online)

Indigenous Handgames Corporate Tournament
Round Robin Seeding
When: June 20-24, 2022 (Weekdays) 11:30am to 1:30pm
Where: Fort Calgary
Tournament Finals
When: June 25, 2022 (Saturday) 1:00pm to 4:00pm
Where: Calgary Stampede Grounds - South Park
Registration Package
- Interactive Cultural Experience
- Education of Indigenous Traditions
- VIP Tickets to “Indigenous Variety Showcase”

National Indigenous Family Day & POWWOW
When: June 25, 2022 (Saturday) 9:00am to 6:00pm
Where: Calgary Stampede Grounds - South Park
9:30am - **FREE** Pancake Caravan Breakfast
10:00am - Children's Corner
10:00am - AAWC Hand Games Opening Remarks
10:00am - Registration Traditional Initiation Pow Wow - opens
11:30am - Registration Closes for Traditional Pow Wow - ends
12:00pm - Welcome Remarks
5:30pm - Traditional Pow Wow Ends
5:30pm - AAWC Hand Games Awards & Closing Remarks
5:30pm - Closing Ceremonies
Feature Attractions
- Indigenous Arts & Crafts Market (9am-5pm)
- Children's Corner (10am-1pm)
- Exhibitions of Inuit and Metis (9am-5pm)
- Handgame Finals Playoffs (1pm-5pm)
FREE ADMISSION (open to public)

Bannock Recipe

INGREDIENTS

6 cups flour

1 cup lard

3 tablespoons baking powder

1 tablespoon salt

3 1/2 cups water

DIRECTIONS

In the bowl, mix the flour and lard together by hand, and then add the baking powder, salt and the currants, raisins or sultanas.

Next, add the water and work the ingredients into a dough.

Now, you have two options: the camp fire or the oven.

To cook over a camp fire, divide the dough into four lumps and firmly wrap each lump around the end of a four foot stick and prop securely over the fire until golden brown.

To cook in an oven, spread the dough out into a 16" square cake pan.

Bake at 425 degrees for about 20 minutes or until golden brown

We Welcome
Everyone!!

Staff Training

Check out the CASS Website – for all your training requirements. Once logged in, go to Training in the Staff Quick Links section for a complete list of required (and, some optional) training.

If you have questions email

Please let your coordinator know your training days so schedules can be changed to accommodate your client.

Abuse Awareness Training – on-line - expires every three years

Open Future Learning (OFL) – Two modules of OFL are mandatory for all CASS Staff – “Challenging Behaviours” and “Introduction to Your Role”. Email to register for OFL. No expiration.

Challenging Behaviours – Part II – on the CASS Website - No expiration

CPI Training – expires every three years

There are three separate steps to completing your CPI Training

- 1) online training through CPI
- 2) zoom review and discussions with the instructor, and
- 3) a group session to practice the “physicals” part of the training

Click on this link to register

Choose only one date. Thursdays;

June 2 or 16

July 14

August 18

September 8 or 22

October 6 or 20

November 3 or 17

December 1

You are required to complete the CASS Voluntary Payroll Deduction Form found on the website under Forms and Documents, and email it to

You will receive an email / link from CPI about two weeks before your chosen date – you must complete the online work by the Monday BEFORE your chosen date.

You will receive an email from the instructor, Sarah McMillen the week of your date, inviting you to attend a zoom meeting for review and discussions on the material you completed online with CPI. A time for the physicals will be determined during the zoom meeting, as long as Covid restrictions allow for that.

Medication Administration – If you need Med Admin for your position with CASS, email -training@c-a-s-s.org to register for this course. When you have completed the course, please email -linda.mcnaull@c-a-s-s.org she will arrange to do the practicum remotely.

Health and Safety – This course is available on line – log in to the website then staff resources>training>Health and Safety.

First Aid/CPR – First Aid/CPR – Staff needing to update their First Aid/CPR need to be sure the trainer is Government of Alberta OH&S Approved. The following link gives a list of the approved training providers: Mental Health First Aid – now available in a Standard (Virtual) Format!

Watch for new dates coming this fall!

Mental Health First Aid (MHFA) is the support provided to a person who may be experiencing a decline in their mental well-being or a mental health crisis. The course consists of Module 1 – Self-Directed about 2 hours and Modules 2 and 3 – Virtual Classroom time about 6 hours.



CPI Training – expires every three years

There are three separate steps to completing your CPI Training

- 1) online training through CPI
- 2) zoom review and discussions with the instructor, and
- 3) a group session to practice the “physicals” part of the training

Please follow the instructions below to complete this training.

******The online portion of the CPI Training must be completed by the Monday before the zoom review and discussions, held on the Thursday of that week (your course date). This way the instructor can be sure enough people have completed the online to justify the zoom portion of the class.***

I. Click on this link to register

<https://calendly.com/sarah-mcmillen-cpi/cpi-training>

Choose only one date.

II. You are required to complete the CASS Voluntary Payroll Deduction Form found on the website under Forms and Documents, and email it to reception@c-a-s-s.org

III. You will receive an email / link from CPI about two weeks before your chosen date – you must complete the online work by the Monday before your course date.

IV. You will receive an email from the instructor, Sarah McMillen the week of your date, inviting you to attend a zoom meeting for review and discussions on the material you completed online with CPI.

V. Due to ongoing COVID restrictions the “physicals” part of the training has been postponed indefinitely. Upon completing the online work and the zoom discussion staff will be issued their CPI certification card with the understanding they are responsible for completing the physicals as soon as restrictions are lifted and dates can be scheduled.

How can you win Stampeders tickets?
We'll you need to call the office and put your name
in the draw!!

**2022 Calgary
Stampeders
Schedule**

Saturday, May 28 – 2 pm – BC Lions (Pre-Season Game)

Thursday, June 9 – 7 pm – Montreal Alouettes (Home Opener)

Saturday, June 25 – 5 pm – Edmonton Elks (Western Night)

Saturday, July 30 – 5 pm – Winnipeg Blue Bombers (Family Day)

Saturday, August 13 – 5 pm – BC Lions (Legacy Night)

**Monday, September 5 – 2:30 pm – Edmonton Elks – Staff Only draw (Labour
Day Classic)**

Saturday, September 17 – 5 pm – BC Lions (Day of the Dinos)

**Saturday, October 1 – 5 pm – Toronto Argonauts (Celebration of Women in
Football)**

**Friday, October 14 – 7:30 pm – Hamilton Tiger Cats (Light Up the Night
Fireworks)**

**Saturday, October 29 – 6 pm – Saskatchewan Roughriders (Fan Appreciation
Night)**





Suite 310 - 525 28th Street SE | Calgary, Alberta | T2A 6W9
www.c-a-s-s.org | P: 403.283.0611 | F: 403.283.0691

JUST LETTING YOU KNOW

WE'RE MOVING TO A NEW OFFICE!

As of June 3, 2022

OUR NEW ADDRESS FOR ALL FUTURE VISITS
AND CORRESPONDENCE: