

# The CASS Report

May 2023

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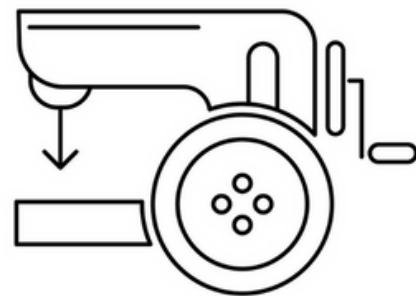
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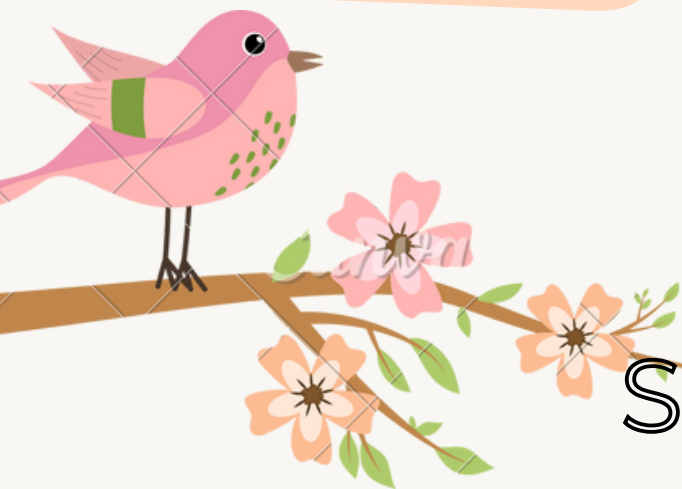
Page Six: Dinner Club



## Jamie's Clothing Repair

Mending, Hemming and any other clothing  
repairs

For Inquiries email:  
[jameraas27@gmail.com](mailto:jameraas27@gmail.com)



# Statutory Holiday

# May 22 , 2023 -Victoria Day

# Alberta election 2023: Ensure your voice is heard

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**It's Official – the 2023 Provincial General Election has been called! Election Day is Monday, May 29.**

## Eligibility

To be eligible to vote, you must be:

- a Canadian citizen,
- at least 18 years of age on Election Day, and
- ordinarily resident in Alberta.
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## Register to Vote

Registering to vote saves you time when you vote! Electors who are already on the List of Electors at their current address do not have to register at the voting place.

You may pre-register:

- Online using Voterlink until Wednesday, May 17,
- By phone at 1.877.422.8683 or by contacting your local returning office until 4 PM on May 20,
- In person at your local returning office until 4 PM on May 20.

You may also register to vote at any advance voting location or your assigned voting place on Election Day.

## Voting Days

Eligible electors may vote on Election Day, at any Advance Voting Place or by Special Ballot.

- On Election Day, Monday, May 29, electors must vote at their assigned voting place. All voting locations will be open from 9:00 am – 8:00 pm.
- Advance voting starts on Tuesday, May 23 and continues daily, ending on Saturday, May 27. Any eligible elector may vote at any advance voting location in Alberta.
- Special Ballot voting is available for all electors unable to vote in advance or on Election Day.

# STAFF TRAINING

Check out the CASS Website - [www.c-a-s-s.org](http://www.c-a-s-s.org) for all your training requirements. Once logged in, go to Training in the Staff Quick Links section for a complete list of required (and, some optional) training. If you have questions email [training@c-a-s-s.org](mailto:training@c-a-s-s.org)

Please let your coordinator know your training days so schedules can be altered to accommodate your client.

**Abuse Awareness Training** - on the CASS Website - expires every three years

**Open Future Learning (OFL)** - Two modules of OFL are mandatory for all CASS Staff - "Challenging Behaviours" and "Introduction to Your Role". Email [training@c-a-s-s.org](mailto:training@c-a-s-s.org) to register for OFL. No expiration.

**Challenging Behaviours - Part II** - on the CASS Website - no expiration

**Medication Administration** - If you need Med Admin for your position with CASS, email [training@c-a-s-s.org](mailto:training@c-a-s-s.org) to register for this course. When you have completed the course, please email [linda.mcnaull@c-a-s-s.org](mailto:linda.mcnaull@c-a-s-s.org) to arrange a time for the practicum.

**Health and Safety** - on the CASS Website - no expiration

**First Aid/CPR - First Aid/CPR** - Staff needing to update their First Aid/CPR need to be sure the trainer is Government of Alberta OH&S Approved. The following link gives a list of the approved training providers: <http://humanservices.alberta.ca/working-in-alberta/1348.ht>

Boundaries Training via Open Future Learning (No Expiration - Mandatory for all CARS and CADO frontline staff)

## **Mental Health First Aid (MHFA)**

Is now available in a Standard (Virtual) Format!  
Mental Health First Aid (MHFA) is the support provided to a person who may be experiencing a decline in their mental well-being or a mental health crisis. The course consists of Module 1 - Self-Directed about 2 hours and Modules 2 and 3 - Virtual Classroom time about 6 hours.

# STAFF TRAINING

## CPI Training

Updated Process: 1) E-transfer the CPI course payment of \$75 CAD (tax included) to [cpi@c-a-s-s.org](mailto:cpi@c-a-s-s.org)

2) Signup for CPI by selecting your preferred date using Calendly link

<https://calendly.com/sarah-mcmillen-cpi/cpi-training>

3) DAY 1 CPI Training (Online) - Complete online component no later than the Monday before selected CPI date (link emailed 2 weeks before chosen date). If not completed by then, participant can't attend the next portion

### DAY 2 CPI Training (In Person)

4) DAY 2 CPI Training (In Person) - 09:00 to 15:30 at the old CASS office on the CPI date that was selected.

DAY 2 CPI Training includes review/discussions of the online portion and the physicals

5) The instructor will email the CPI blue cards to [training@c-a-s-s.org](mailto:training@c-a-s-s.org) upon the completion of the entire CPI training for updating. The original blue cards will be emailed to the participant

# CET 2023

Calgary Alternative Support Services and Creating Excellence Together Survey Every three years Calgary Alternative Support Services, PDD funded programs, participates in a survey process called Creating Excellence Together (CET). CASS's upcoming survey is scheduled for June 6-8th. Participating in a Creating Excellence Together (CET) Accreditation Standards survey is one way organizations can demonstrate their commitment to quality services. CET is a tool for learning, evaluation, and development. The survey process—which involves regular, on-site visits by an outside party—serves to objectively substantiate and recognize the supports that organizations provide and to provide verification for what is happening in the lives of the individuals accessing service (individuals). This is an exciting year, CET has, through consultation developed a new set of standards. Over the next few months, we will be highlighting what the Standards are, and the indicators of success that will be assessed.

## Standard 4: Relationships

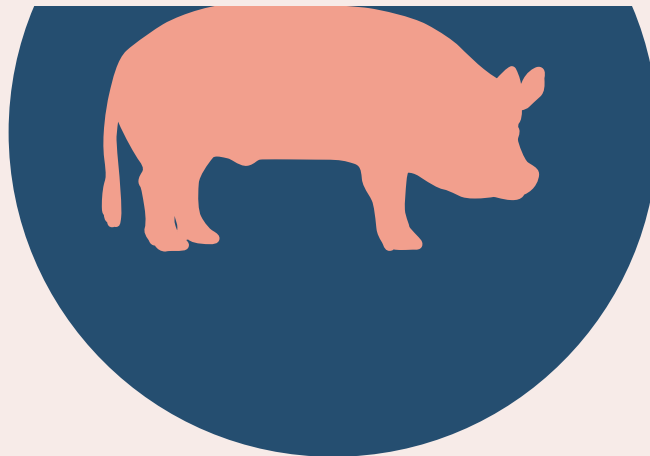
### Standard Statement

The service provider encourages, supports, and enables individuals accessing service to develop and maintain healthy social connections. Relationships create a sense of community, belonging, camaraderie, emotional support, respect, and mutual caring that aids wellbeing and supports ongoing social skills development. The service provider has the flexibility and creativity to help foster meaningful social connections for individuals engaged in service delivery.

#### 4.1: Social Connections

#### Quality Measure Statement

The service provider promotes and encourages social connections to natural supports for individuals accessing service.



# **CASS DINNER CLUB**

**Peters Drive Inn**

**219 16 Ave NE**

**June 7th, 2023**

**-6:00pm**

Please RSVP To [Dinner-club@c-a-s-s.org](mailto:Dinner-club@c-a-s-s.org) or  
403-283-0611 By June 6, 2023

Don't arrive before 5:45pm

Hope To See You All There