The CASS Report

Community Newsletter

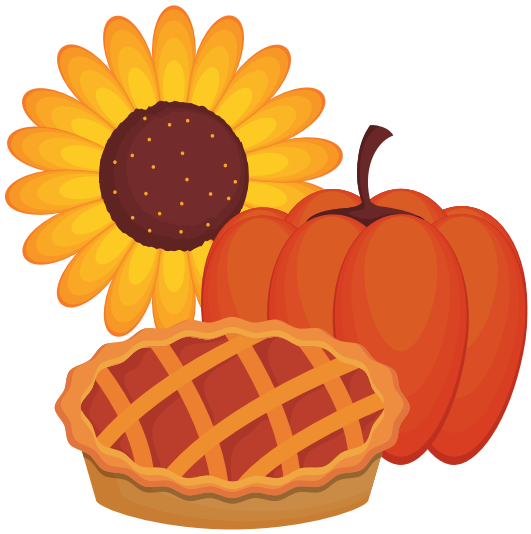
November 2026,
Issue 18

A Note from Our Community

"We need a community that is inclusive of all, where everyone's unique gifts are celebrated and valued."
– Jean Vanier (Founder of L'Arche, a global community network that has deep roots in Canada).

Important Dates

- Thursday November 11th - Remembrance Day
- November is Indigenous Disability Awareness Month (IDAM)



Find the Swirl Contest

Somewhere in this newsletter, we've hidden the CASS swirl logo! Think Where's Waldo style.

Find it, send it to us @ newsletter@c-a-s-s.org , and you'll be entered to win our monthly prize!



Contest Winner

Congrats to September's winner: Kaitlin Tuck!

Please NOTE: November Dinner Club cancelled

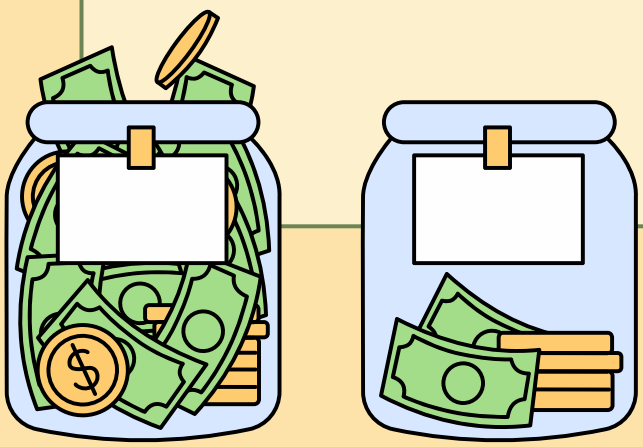
November is Financial Literacy Month!

Submitted by: Brian Hickey

Already approved for the Disability Tax Credit?
A Registered Disability Savings Plan (RDSP) could help you save money for your future.
The government may add money to your plan:

- **Even if you cannot put money in, you could receive up to $1,000 a year, depending on your family income.**
- **If you or your family put money in, the government may add extra money to help your savings grow.**

Government contributions are available until the end of the year you turn 49.
An RDSP is for long-term Savings
Want to learn more? Reach out to your Coordinator, Guardian or Both!

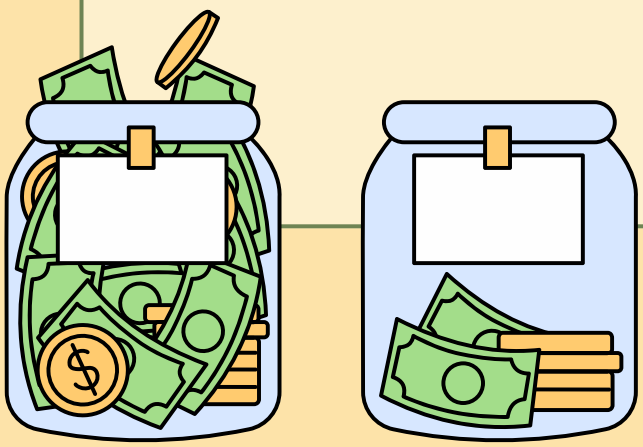


November is Financial Literacy Month!

Jennifer Schow, Mutual Fund Representative with Investia Financial Services Inc. is coming to the CASS office for a two-part info session about Registered Disability Savings Plans (RDSPs) for our clients.

November 17 at 10:30 a.m.
Information session for clients to learn about RDSPs and ask questions.
November 19 at 10:30 a.m.
follow-up visit to help interested clients complete their RDSP paperwork.

If you or your Client are interested to attend please please reach out to:
brian.hickey@c-a-s-s.org



Training Information

Mental Health First Aid

Dates coming soon!



Dates coming soon!

CPI

Tuesday November 10, 2026

9:00 am- 3:30 pm

For more info or to register email:

reception@c-a-s-s.org

New online Health & Safety Suggestion Box!

Better together, We Value Your Input!

SAFETY & WELLNESS IDEAS FOR A SAFER WORKPLACE

If you have any suggestions you would like to share, please submit them using the form below.

Your suggestions are completely anonymous and you only need to share the information you are comfortable with.

Use the QR Code or go to
https://www.c-a-s-s.org/suggestions/



CASS SAFETY SEGMENT

See it. Fix it. Prevent it.

Stop the Spread. Protect Yourself and Others.

As flu season begins, infection prevention is vital to keeping our staff, clients, and community safe. Because influenza spreads easily, even before symptoms appear!

Protecting those around us requires a layered approach:

Get Vaccinated: Annual flu shots are the single best way to reduce severe illness.

Stay Home When Sick: If you develop symptoms (fever, cough, aches), follow workplace reporting procedures and isolate immediately.

Clean Hands & Surfaces: Wash hands with soap for 20 seconds or use alcohol-based sanitizer, especially after coughing or touching shared equipment.

Cover Coughs & Wear PPE: Sneeze into your elbow and follow workplace PPE and mask guidelines for your specific role.

Keep Air & Spaces Clean: Ensure good ventilation and routinely disinfect high-touch surfaces like handles, phones, and shared devices.

Stay safe this October by keeping these simple habits top of mind!



November Free Events

Contribution from Yules Chan

October in Calgary is a magical time crisp autumn air, vibrant fall colours, and a city full of community events for everyone to enjoy. The CASS team has gathered this month's best free, low-cost, and family-friendly events so that you can make the most of this beautiful season. Whether you are looking for spooky Halloween adventures, local markets, cultural experiences, or creative outlets, there's something wonderful here for everyone in our community. Let's explore October together!

Drop-In Art Making Program

📍 Contemporary Calgary
701 11 St SW, Calgary, AB

📆 November 1 & 2, 2026
⏰ 1:00 PM – 5:00 PM

Embrace creativity and explore worlds, worlds, worlds by Curtis Talwst Santiago in our extended Weekend Drop-In Art Making Program. Free with Adminstration.

GENOCIDE in the Wildflower State Documentary Feature

📍 The Confluence Historic Site
750 9 Ave SE, Calgary, AB

📆 November 6, 2026
⏰ 6:00 PM – 10:10 PM

BE EARLY! CJFF is entirely free, so we open a few extra spots to make sure our seats are full. Registration does not guarantee a seat, so please arrive early. Seating is first come, first served!

Free Free Free

Pokemon Trading Card League

📍 Sunridge Shopping Centre
2525 36 St NE Unit 258, Calgary, AB

📆 November 1, 2026
⏰ 12:00 PM

Free to play! Come jam some casual games, trades some cards and we also have the option to have more constructive mini tournament play! By Tavern Finder.

Magic the Gathering League

📍 Sunridge Shopping Centre
2525 36 St NE Unit 258, Calgary, AB

📆 November 7, 2026
⏰ 12:00 PM

Free to play! Come jam some casual games, trades some cards and we also have the option to have more constructive mini tournament play! By Tavern Finder.

November Free Events

Contribution from Yules Chan

Dia De Muertos

📍 Downtown by Fonda Fora
630 4 Ave SW, Calgary, AB

📅 November 1, 2026
⏰ 5:00 PM

Enjoy live music, traditional decor, food, drinks, and dancing. Free entry. food and drinks available for purchase.

Petri DIsh by Beakerhead

📍 Telus Spark Centre
220 St Georges Dr NE, Calgary, AB

📅 November 7, 2026
⏰ 10:00 AM

Petri Dish is taking over Spark for one very full, very curious day. Beakerhead is bringing 12 straight hours of science, art and engineering colliding across the science centre. Free Admission thanks to Ovintiv!

JRS Fall Concert

📍 First Lutheran Church
7102 14 Ave SW, Calgary, AB

📅 November 7, 2026
⏰ 7:00 PM

Come and hear us cover some fanastic songs! It's free, family-friendly event sure to get your toes tapping. Find out more at www.makingfaithmatter.ca
#MakingFaithMatter

YMCA Open Mic Night

📍 Brookfield Residential YMCA at Seton
4995 Market St, Calgary, AB

📅 November 9, 2026
⏰ 7:00 PM

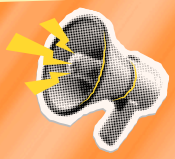
Enjoy a free, all-ages night of music, creativity and live performances at the Evan Hazell Theatre. Performers of all ages and all skill level are encouraged to join!







NO MORE SEASONAL CLOCK CHANGES IN ALBERTA!

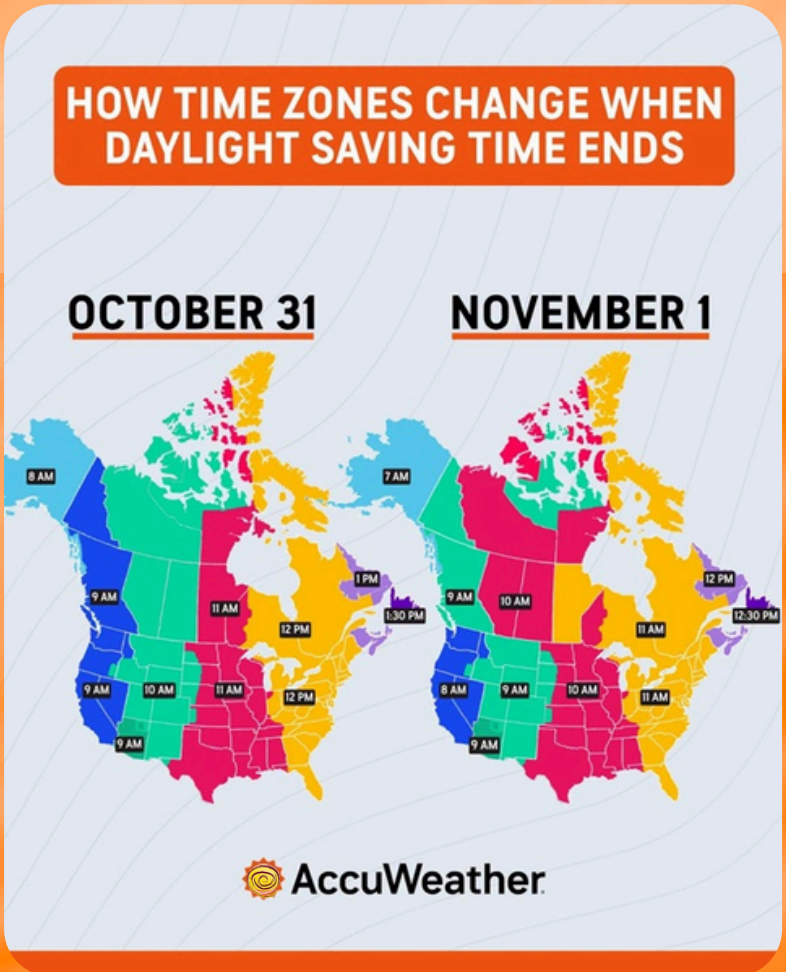


Effective November 1, 2026, Alberta is officially moving to permanent Alberta Time (ABT), meaning we will no longer be moving our clocks forward in the spring or back in the fall.

This means that:

- Our clocks will remain the same this weekend, and we will stay on the same time year-round.
- Other provinces and jurisdictions may continue to change their clocks, so there may be time differences to keep in mind when scheduling meetings, making travel arrangements or communicating with people outside Alberta.
- Most phones, computers and other electronic devices should update automatically. However, it's a good idea to double-check your devices and calendars to ensure they are displaying the correct time.

Thanks,
Sherri Berman
HR Advisor



ALBERTA PROPOSES CHANGES TO PUBLIC-SECTOR HIRING AND INTIMATE IMAGE PROTECTIONS

The Government of Alberta has introduced Bill 33, the Justice Statutes Amendment Act, 2026, proposing changes to public-sector hiring practices and stronger legal protections against the non-consensual sharing of intimate images.

Under the proposed legislation, public institutions, including municipalities, school boards, public post-secondary institutions, and Crown-controlled organizations, would be required to base hiring and promotion decisions primarily on candidates' skills, qualifications, experience, and job requirements rather than diversity, equity, and inclusion (DEI) policies. The amendments would also shift workplace training requirements toward content relevant to employees' roles and responsibilities, rather than mandatory DEI training. Existing human rights protections would remain in place.

The bill also proposes stronger protections against the non-consensual distribution of intimate images, including AI-generated and digitally altered images, videos, and audio. Proposed penalties could include fines of up to $10,000, imprisonment for up to two years, or both. Victims would also have expanded options to pursue civil legal action, including when someone threatens to share intimate content without consent.

What this means: The proposed changes could affect hiring, promotion, and workplace training policies in Alberta's public sector. However, these measures are proposals, and their implementation depends on the legislative process.

Source: Government of Alberta – Scrapping DEI Hiring Practices

Calgary Alternative Support Services, Inc.
525 28 St SE Suite 310, Calgary, AB T2A 6W9

refer a friend

CASS IS OFFERING A $750.00 REFERRAL BONUS FOR CURRENT STAFF WHO REFER A FRIEND TO WORK AT CASS.

WE ARE HIRING!

The Catch?

- Anybody employed or contracted by CASS (excluding members of the CASS Senior Leadership Team) is eligible to receive a referral bonus.
- Your referral must indicate that you referred them during the hiring process.
- Your referral has to be hired as a non-relief employee, or contracted as a Support Home Provider or Supportive Neighbour.
- Both you and your referral must maintain full/part-time employment or a contract for six continuous months from the time of hire before you receive the referral bonus.
- If your referral is first hired into a relief position and later moves into a non-relief position, you will receive the referral bonus once your referral has maintained six continuous months in the non-relief role.

SCAN ME

Please forward your referrals to jobs@c-a-s-s.org

Be sure to have your referrals mention your name in the cover letter and during the hiring process!

Book Suggestion

The Bright Years by Sarah Damoff



Amazon Purchase Link Here



What is a CASS-Prenuer?

A **CASS-Prenuer** is someone who works for or is supported by CASS and also has a side hustle.

Or, perhaps, you have a passion or hobby and want to share far and wide (well, as far and wide as the CASS Community that is)

Email us your side-hustle or hobby, and we will publish it in the next edition!

We Love Hearing from the CASS Community!

Whether you're a client or staff member with a great idea to share, we'd love to hear from you. The CASS Report is all about showcasing what matters to our community – so send us your side hustles, gardening tips, brain-teasing puzzles, favourite local events, or even upcoming festivals.

If you'd like to contribute to the next issue of the CASS Report, please send your submissions by **November 25, 2026.**

📧 Email your ideas to: newsletter@c-a-s-s.org



